

Leisure activities

The Canton of Jura offers plenty of opportunities for leisure activities (sport, music, dance). Associations are very important and offer a way of meeting other people.

Associations

Many inhabitants of the Jura are members of an association. There are associations for all interests. For example, sports and music associations.

Even in small villages there are sports and cultural associations.

These are open to all and offer a way of meeting people.

Information can be found on the websites of the municipalities.

Offerings for young people

The Canton of Jura offers many activities for young people.

The Oxyjeune platform offers all the activities for young people in the Jura and the Bernese Jura.

There are youth centres in Delémont, Le Noirmont and Porrentruy.

These offer a place for young people to share their ideas and put their projects into practice.

Activities are usually free of charge.

In many villages, there are youth clubs that organise outdoor activities and allow young people to meet.

Excursions and culture

The Canton of Jura provides many options for excursions and a rich cultural offering.

There are historic old towns, castles, rivers and ponds. You can go on beautiful bike rides or hikes.

There are also many museums with exhibitions on various subjects.

Jura Tourisme provides information on excursions and events.

The local newspapers also provide information on cultural events.

The Culture Card (CarteCulture) makes sport/culture/learning cheaper

The CarteCulture (Culture Card) gives people with low incomes lower prices for sporting, cultural and learning events.

The card can be requested from Caritas, who will provide all the necessary information.

Volunteering (choosing to help for free)

Volunteering is unpaid work to help people or the environment.

In Switzerland, many people do tasks voluntarily, without receiving any money. For example, to organise a festival or give French classes.

Much of this work is done in associations.

People can get involved in associations for culture, sport, personal care, education, animal and nature protection, health and many other things.

Bénévolat Jura provides information on volunteering and opportunities to get involved.

Additional information (links, addresses, information sheets, brochures)

www.bonjour-jura.ch/en/canton-jura/leisure-activities